



Guy's and St Thomas'
NHS Foundation Trust

INFORMATION SHEET FOR PARTICIPANTS



YOU WILL BE GIVEN A COPY OF THIS INFORMATION SHEET

Title of project: BELONG STUDY

Improving cardiovascular disease (heart attacks and stroke) and breast cancer prevention and management in an ethnically diverse female population through community-based salon initiatives

Invitation Paragraph

I would like to invite you to participate in this research project which forms part of our research. Before you decide whether you want to take part, it is important for you to understand why the research is being done and what your participation will involve. Please take time to read the following information carefully and discuss it with others if you wish. Ask me if there is anything that is not clear or if you would like more information.

What is the purpose of the project?

The study will examine whether hairdressers/salon therapists can promote an online educational tool to encourage clients who qualify to attend their GP surgery for a check-up to detect high blood pressure, diabetes and breast cancer. The hairdressers/salon therapists will be supported by nurses/health care assistants at the local GP surgeries. As part of our study, we are conducting workshops to find out from the beginning, the factors that might affect the implementation of the project.

Why have I been invited to take part?

We are inviting you to participate in workshops to understand your views on priorities to carry out an online-based health promotion tool to prevent heart disease, stroke and breast cancer. We also want your views on the ability of nurses and hairdressers to deliver health promotion messages and what are the factors that will influence the use of health promotion resources by salon users. As key stakeholders your views are important to us and we would like to incorporate these views from the beginning so that a tailored, and lasting intervention can be developed.

What will happen if I take part?

You will be asked to take part in workshops run by the research team. Three workshops will be held but you can attend any 1 or all 3 workshops. During these workshops, we will ask you some questions. Each workshop will have a different objective.

Workshop 1 A prompted discussion will take for example, "Factors influencing the promotion of an online application for prevention of heart attacks, stroke and breast cancer in beauty salons are..."

Workshop 2: The statements that were generated in workshop 1 will be sorted so that statements will be grouped into different themes.

Workshop 3: The statements that were sorted into different categories in workshop 2 will be rated for importance and feasibility.

Participation will take place **online workshops, via email or through informal conversations**. As part of the study you will be asked to provide your age group and ethnic background to help us understand your specific needs. Any audio/video recording equipment will only be done with the consent of the participant.

Do I have to take part?

Participation is completely voluntary. Individuals who are vulnerable people, unable to give informed consent, or pregnant and nursing mothers will be excluded from the study. You should only take part if you want to and choosing not to take part will not disadvantage you in anyway. Once you have read the information sheet, please contact us if you have any questions that will help you make a decision about taking part. If you decide to take part we will ask you to sign a consent form and if you wish you will be given a copy of this consent form to keep.

Incentives

You will be offered a £20 voucher for participation in each workshop, plus any travel expenses.

What are the possible risks of taking part? We do not anticipate any risks of taking part.

What are the possible benefits of taking part?

Taking part in these workshops will provide you with the chance to have your say about the barriers and ease of use of using online educational materials. You will also be supporting the development of an intervention to control and prevent heart disease, stroke and breast cancer.

Who is funding and organising the study?

This project is being funded by the National Institute for Health Research (NIHR) Public involvement fund (PIF)

<https://www.rds-london.nihr.ac.uk/patient-public-involvement/public-involvement-fund/>

This project is sponsored/ organised by King's College London.

Who has reviewed this study?

Ethical approval has been granted from King's College London Biomedical & Health Sciences, Dentistry, Medicine and Natural & Mathematical Sciences Research Ethics review board (LRS-19/20-17551).

How will we use information about you?

We will need to use information from [you / medical records /your GP] for this research Project with your consent.

This information will include your [initials/NHS number/name/ contact details/]. People will use this information to do the research or to check your records to make sure that the research is being done properly.

Your information will be stored in an anonymised/pseudonymised format. Questionnaire Will be stored as a hard or electronic copy securely stored either in locked cabinets with restricted access or via electronically encrypted files. Audio recorded materials will be stored as compressed MP3 files accesible only by password by the reserach team but will not contain any identifying details.

Data handling and confidentiality

Your data will be processed in accordance with the General Data Protection Regulation 2016 (GDPR).

- All data will be anonymised data and securely stored either in locked cabinets with restricted access or via electronically encrypted files and retained for 10 years in line with KCL data retention schedule.
- Data will only be shared within the research team and anonymised data will be shared with third party transcription services with participants consent. All data will be encrypted to ensure safe transfer to transcription services.
- We will keep all information about you safe and secure.
- Once we have finished the study, we will keep some of the data so we can check the results. We will write our reports in a way that no-one can work out that you took part in the study.
- Your data will be retained for 10 years (your contact details will be stored for 5 years to invite you to events where we will present the study outcomes). Data will be anonymised and retained or archived this should be stated.

Data Protection Statement

Your data will be processed in accordance with the General Data Protection Regulation 2016 (GDPR). If you would like more information about how your data will be processed in accordance with GDPR please visit the link below (printed version available on request):

<https://www.kcl.ac.uk/research/support/research-ethics/kings-college-london-statement-on-use-of-personal-data-in-research>

What are your choices about how your information is used?

You are free withdraw at any point of the project, without having to give a reason. Withdrawing from the project will not affect you in any way. You are able to withdraw your data from the project up until 31/12/2023, after which withdrawal of your data will no longer be possible as the data will have been anonymised and analysed. Please note it may be difficult for workshop participants to subsequently withdraw their data due to the interactive and interdependent nature of workshop participation.

Your rights to access, change or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the project, we will keep the information about you that we have already

obtained. To safeguard your rights, we will use the minimum personally-identifiable information possible.

Where can you find out more about how your information is used?

You can find out more about how we use your information

- at www.hra.nhs.uk/information-about-patients/
- [www.kcl.ac.uk/research/support/rgei/research-ethics/kings-college-london-statement-on-use-of-personal-data-in-research; or](http://www.kcl.ac.uk/research/support/rgei/research-ethics/kings-college-london-statement-on-use-of-personal-data-in-research;or)
- by asking one of the research team

What will happen to the results of the project?

The results of the project will be summarised in a report and submitted for publication. Participants who are interested will be sent a copy of the report.

An open day/evening will be hosted to feedback the results of the research to the participants. A study web-site will be used to publish news and study updates.

What if there is a problem?

If you have a concern about any aspect of this study, you should ask to speak to the researchers who will do their best to answer your questions Dr. Mariam Molokhia, Study Principal Investigator (mariam.molokhia@kcl.ac.uk) Addison House, King's College London, SE1 1UL.0207 8848 6648.

You may also contact the King's College London Research Governance Office: rgo@kcl.ac.uk.

In the event that something does go wrong and you are harmed during the research then you may have grounds for legal action for compensation against King's College London but you may have to pay your legal costs. King's College London maintains adequate insurance to cover any liabilities arising from the study.

Who should I contact for further information?

If you have any questions or require more information about this project, please contact me using the following contact details:

If you have questions about this study, please contact: Dr. Mariam Molokhia, Study Principal Investigator (mariam.molokhia@kcl.ac.uk) Addison House, King's College London, SE1 1UL.0207 8848 6648.

Thank you for reading this information sheet and for considering taking part in this research.